IMPACT REPORT

Can a Community Change the Culture of Abortion on the Virginia Peninsula?
Abortion on the Peninsula

There were 1,524 babies aborted on the Peninsula in 2017. The first rise in abortion after a decade of decline. What’s more, one of every three babies conceived by teenage mothers in our cities was aborted.

2018 Impact

Our clinic served over 600 women in 2018 by providing:

- 456 pregnancy tests
- 388 ultrasounds
- 133 births (verified)
- 67 faith professions
- 21,425 diapers distributed

Because of you, families exist!

When I found out I was pregnant, I was so scared and disappointed in myself. So many feelings and thoughts ran through my head.

Raskonda, Alcore Health Client
Alcore Health is the clinic, operated by Care Net Peninsula.

Serve Moms, Save Babies.

Yes! You are changing the culture of abortion on the Peninsula. When you invest in Care Net, you provide the help & hope local women need to choose life for their baby.
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Women in unplanned pregnancies often feel scared and alone. We want Alcove Health’ to be their first call. That’s because we provide counseling, ultrasounds, parenting support and more. All for free.

When local moms have the support they need, they are truly empowered to choose LIFE for their babies.

ALCOVE HEALTH SERVICES

- Options Counseling
- Adoption, Medical & Community Referrals
- Pregnancy Confirmation by Ultrasound
- Lab Quality Pregnancy Tests
- Parenting Support
- Baby & Maternity Needs
- Surrender the Secret
- Abortion Recovery Support Group

Alcove Health is the clinic operated by Care Net Peninsula.

How YOU Fund The Work

In 2018, volunteers donated 2,167 hours, valued at over $50K

2018 EXPENSES

- CARE NET PENINSULA IS AN NON-PROFIT ON A MISSION TO BRING PRACTICAL HELP & HOPE IN JESUS TO WOMEN FACING PREGNANCY DECISIONS ON THE VIRGINIA PENINSULA.

- 14% INDIVIDUAL GIFTS
- 27% MONTHLY PARTNERS
- 11% CHURCHES
- 10% BABY BOTTLES4Life
- 18% PENINSULALIFE DINNER

$26,984 ADMINISTRATION
$24,821 FUNDRAISING
$461,535 PROGRAMS
Truth Telling Through the Pain

In the US, one in four women will have at least one abortion by the time she is age 45. No matter one’s philosophical, religious or political views on abortion, the actual experience can negatively affect women personally and psychologically. Reasons for having an abortion are always highly personal, but many women indicate that the decision to abort was a response to a stressful circumstance. Unfortunately, many women end up suffering from Post-Abortion Syndrome (PAS).

Our communities, our congregations, and our households have abortion in our story. It’s part of who we are on the Peninsula. Yet, abortion remains one of the great unspoken secrets among us. Many women who came through our doors with a new pregnancy decision last year already had past abortions. Compassionate community support allowed vulnerable conversations to take place with these women and their partners, without shame. Your support also provided abortion recovery support groups — known as Surrender the Secret — to women on the Peninsula. If you’d like to know more about this recovery group, please contact our Director of Client Services at 757-591-8141.

**Symptoms of Post-abortion Syndrome**

- Guilt
- Sadness, Grief, Regret
- Numbness, Depression, Anxiety Disorders
- Flashbacks
- Alcohol/Substance Abuse
- Suicidal Thoughts/Self-Destructive Tendencies